

# はままつマナー

Hamamatsu Manners

Let's Push The Happy Switch!



# Let's Push The Happy Switch!

## Manners

They are a message  
That I'm thinking of you

## My feelings

Your feelings  
Everyone's feelings  
If we're always thinking of each other  
Everyone can be kind  
Everyone can be happy

## Manners

They're your happy switch  
So, let's push our happy switches



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# Greeting with a Smile is a Bridge between You and Me



☆How are your greetings? Let's take a look.

Greetings	Always	Most of the time	Not at all
①I greet other people with a smile from me.	_ _ _ _	_ _ _ _	_ _ _ _
②I greet people with a friendly tone of voice.	_ _ _ _	_ _ _ _	_ _ _ _
③I look people in the eye when greeting them.	_ _ _ _	_ _ _ _	_ _ _ _
④I pleasantly greet all of my family, neighbors, teachers and friends.	_ _ _ _	_ _ _ _	_ _ _ _
⑤When people greet me, I return the greeting.	_ _ _ _	_ _ _ _	_ _ _ _

Mark your place with a circle. 4th years use black, 5th years use red, and 6th years use blue.

# Greet with a Smile from You!



When you say, "Good Morning"  
I answer, "Good Morning"  
Playing catch with Good Morning  
I feel like I'm closer to you,  
and it makes my heart warm  
I feel like you understand me,  
and it makes me so happy  
Playing catch with greeting  
Connecting our hearts  
Connecting people

## Tips for Pleasant Greetings

- Greet from yourself.
- Make eye contact.
- With a voice people can hear you.
- Speak clearly and pleasantly.
- Smile and open your mouth.
- To all of your family, neighbors, teachers, friends.



## Let's challenge!

When passing teachers, guests or neighbors, let's try to do "Eshaku" by lightly bowing your heads. Eshaku is also a form of greeting. It tells other people, "You are important to me."



# Let's Listen and Speak with All Our Hearts



When someone listen to me,  
I feel half as sad,  
and twice as happy  
When I listen to someone else  
I can make them half as sad  
and twice as happy  
Talking with other people earnestly  
Putting your own feelings into words

☆How are your listening and speaking ways? Let's take a look.

Way of listening	Always	Most of the time	Not at all
① I turn to the other person and make eye contact when I listen.			
② I nod and follow along when I listen.			
③ I listen to the end.			
④ I ask questions when I don't understand.			

Way of speaking	Always	Most of the time	Not at all
① I make eye contact when I speak.			
② I speak slowly and clearly.			
③ I use a voice other people can hear.			
④ I earnestly speak until the end.			
⑤ When I am happy, I speak with a smile.			

Mark your place with a circle. 4th years use black, 5th years use red, and 6th years use blue.



# Considerate Language is a Treasure for your Life

It is said that your language shows your feelings.  
The words you choose change how people respond to you.  
Let's use the considerate language.

In order to use a considerate language, think of "when", "where" and "who".

For example, at school...

### In class

When you give your opinion, speak slowly, clearly and in a loud voice.  
Speak politely to both teachers and friends.

### Break time

Speak in a small voice in the place like the library.  
Speak politely to teachers and guests.  
Use friendly language when talking with your friends.  
Don't use words like ( ) that may hurt your friends.



## Let's Write ( ) Words

that will Make People Feel Happy



When you use ( ) words, what happens to your face?

# Brilliant People

~"Thank you" and "I'm sorry" are Magic Words~



Thank you  
Thank you for helping me  
Thank you for letting me join you  
Thank you for being there  
I'm sorry  
Sorry for making a mistake  
Sorry for not noticing  
Thank you I'm sorry  
Magic words that connect our hearts

☆Do people say "Thank you" to you?  
Can you say "Thank you" or "I'm sorry"?  
Let's take a look.

①Has anyone said "Thank you" to you recently?	Yes	No	
②Can you say "Thank you" naturally?	Always	Most of the time	Not so often
③Can you say "I'm sorry" without hesitation?	Always	Most of the time	Not so often

Mark your place with a circle.4th years use black, 5th years use red, and 6th years use blue.

# The Secrets of Brilliant People

Those who can be thankful for other people and things.

Those who can apologize honestly.

Those kind of people care about the feelings of others, and can make great relationships with people around them.



## People who can say "Thank you".

We live with the help and support of many people.

Let's try to be thankful for even little things and turn that feeling into a "Thank you".

It will make you and the people around you happy.

What do you think of people who are able to say "Thank you"?

- 
- 
- 



## People who can say "I'm sorry".

Everybody bothers other people or hurts their feelings sometimes.

When this happens, the important thing is to apologize.

We should all be able to say "I'm sorry" honestly.

What do you think of people who are able to say "I'm sorry"?

- 
- 
- 



## The Spirit of "Mottainai" (wasteful).

In Japan, we have the wonderful phrase "mottainai".

"Mottainai" conveys the warm feelings of thanks and care for things.

Once mixed, things will be garbage, but if assort, we can use them as resources. Let's take care of our limited resources.

Your pledge



# If We Follow the Rules, We Can All Be Happy



☆How are you doing? Let's take a look.

Always

Most of the time

Not at all

On Trains and Buses 	Be quiet.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Don't run around.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Use one seat.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Don't sit in priority seats.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Give up your seat to others.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Stay away from doorways.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
In Public Buildings 	Be quiet.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Don't run around.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Line up your shoes.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Clean up after yourself.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
When Lining Up	Line up in order.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Don't skip line.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
On the Street 	Walk lined up on the right hand side.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Follow traffic rules.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Don't jump into the street.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Follow rules for bicycles. (wear a helmet)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Mark your place with a circle. 4th years use black, 5th years use red, and 6th years use blue.

# You Are a Member of Society, too

There are many people in public places.  
 Elderly people and pregnant women are also on trains. Some people are tired, too.  
 In libraries, some people are reading, and some people are looking things up.  
 So, in these places, a little patience is required. Being patient is also another way of showing consideration for other people around you.

## Behaving in Public Places



- Don't do something to others if you wouldn't want them to do it to you.
- Think about what you look to other people.
- Try offering things to other people with "Here you are!"
- Act on the proper time and place.

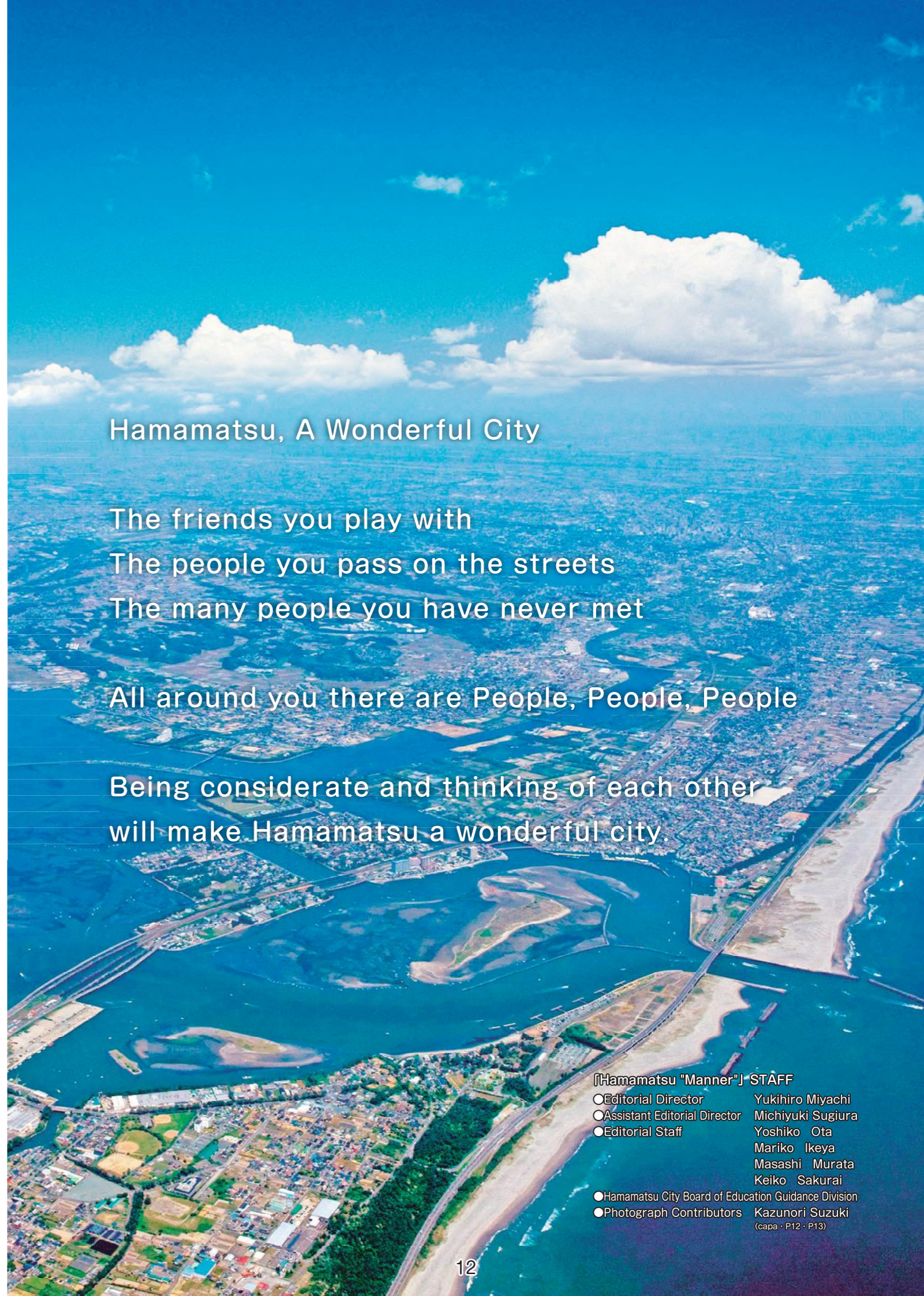


## What would you do in these situations?



## It's About More Than Your Life

Not jumping into the street and following walking and bicycle manners will help to protect you from traffic accidents. It will keep other people safe, too.



## Hamamatsu, A Wonderful City

The friends you play with  
 The people you pass on the streets  
 The many people you have never met

All around you there are People, People, People

Being considerate and thinking of each other  
 will make Hamamatsu a wonderful city.

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Today... I was...

Tomorrow... I will be...







Elementary school		
4 -	5 -	6 -
Name		



## Hamamatsu Manners

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